



Dear Parent/Carer

September 2023

Swimming Lessons

Many of you will recall last year, Fossebrook started to provide children in Years 3 to 6 the opportunity to take part in swimming lessons. Swimming lessons are a key feature in the KS2 PE curriculum and children are taught to level to ensure they can achieve basic water skills (e.g., to be able to swim 25 metres). The swim structure at Fossebrook will consist of Year 3 swimming for 30 minutes per week, over 7 weeks. We believe that this supports the children in getting the most out of each session and therefore feel that it is the best structure to continue with moving forward.

We would like to inform you that swimming lessons have been arranged for Miss Miah's Year 3 class at Braunstone Leisure Centre. Lessons will run for a total of 7 weeks starting on **Tuesday 24th October** and will be as follows:

Year 3 – Miss Miah		
Tuesday	24 th	October 2023
Tuesday	31 st	October 2023
Tuesday	7 th	November 2023
Tuesday	14 th	November 2023
Tuesday	21 st	November 2023
Tuesday	28 th	November 2023
Tuesday	5 th	December 2023

Please keep this letter for reference of the dates for swimming next term. The children will be collected from school at 12.45pm and will arrive back in school at approximately 2.15pm. Despite the Leisure Centre only being a 5-minute drive, the walk for children would be in excess of 30 minutes and therefore transport has been arranged with Orbit Coaches. The swimming lessons will be led by three leisure centre (fully qualified) swimming instructors and two members of the school staff will be in the pool to reassure the children.

The children will require the following, which must be clearly named and in a suitable bag. Leicestershire Education Authority recommends that the children do not wear goggles, as they carry considerable risks. Please talk to your child's class teacher if this is a problem for your child.

- ✓ A one-piece swimming costume or trunks (not baggy swim shorts or shorts)
- ✓ A towel
- ✓ Brush or comb
- ✓ Bag for kit

For safety reasons the children must not bring any kind of spray or deodorant etc and must not wear jewellery e.g. earrings (we cannot remove earrings for your child). If your child is asthmatic and requires an inhaler it must be available in school and taken to the swimming pool.

Swimming is an important part of the curriculum and this year we will not be asking for a contribution to the cost of the pool hire; however, we do provide transport to and from these sessions and therefore we are asking for a contribution of **£28 (£4 per session)** to cover the cost of transport. Payment must be made via ParentPay and can be made in instalments if required. The full payment must be received no later than **Friday 13th October**. **If your child is eligible for Pupil Premium, a discount has been applied and will be visible on your ParentPay payment item.**

Yours sincerely
Mrs Stone
Headteacher

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Swimming Goggles Declaration

The recommendation by the Local Education Authority is that children do not wear goggles because they do carry considerable risks. They are of the opinion that the hazards to the child and others are probably far in excess of a genuine need for protection. The risks include:

- Goggles of a cheaper variety may shatter in the event of a collision and may result in serious injury.
- Children using goggles do not always understand the correct way of putting them on and taking them off. Cold slippery fingers do not grasp the fittings adequately and a catapult effect can result in eye trauma.
- It is difficult to maintain accurately fitting eye protection therefore contact with water in the swimming pool is almost inevitable.

I have read and understood the dangers and would still like my child to wear goggles. I accept responsibility for:

- Buying British Institute Kite-Marked swimming goggles.
- Ensuring that my child is trained in the wearing of swimming goggles.

I understand that I must acknowledge the above declaration by confirming this on ParentPay in the mandatory notes field, at the point of payment, in order for my child to be allowed to wear goggles during their school swimming lessons.

Please note that the teacher in charge will take goggles off your child if they are not being used in the correct manner.